

Please see attached below some more detailed information about our  
**Sahaja Yoga Photo Contest**

**Categories:**

- People - This category includes photos of people of all nationalities, ages. Meditators or in a state of meditation.
- Nature - Photos that have a strong nature theme.
- Art & Music – Photos which show all kind of art with elements of Sahaja Yoga.
- Sahaj Techniques - Photos showing the use and application of Sahaja Yoga techniques (for example, asanas for the chakras shown by Shri Mataji, instilling ghee, balancing, self-realization protocol, meditation on the ground, cleansing with lemon, etc.)
- Corporate - Photo of Self-Realization in organizations that are related to business. Meditation in corporate groups, in offices, etc.
- Creative - Photos and illustrations that do not fall into other categories. A category where your creativity and ideas related to graphics and photography are welcome!

**Photo requirements:**

- Illustrations and vector graphics: No restrictions.
- Photographs: At least 100 KB and at least 1000 x 1000 pixels. No more than 15MB.
- Formats accepted: JPG, GIF, PNG.

*Note:* The people in the photos must agree to appear in Sahaja Yoga promotion material.

**Who can participate?** Sahaja Yogis of the whole world

**Who can use these photos?** These photos can be freely used for the dissemination of Sahaja Yoga, whether as a team or individually. For personal use (work projects, studies, other purposes), you will need to contact the author of the photo personally.

**About photo protection and how to download a photo?** All photos will be protected from free download. Nobody can download photos from the site without going through a certain verification procedure. To access the repository, you will need to contact the organizers group and submit a request. (Ask the organizers for the process of accessing the photo). Before receiving a photo, we will try to make sure that the person who gets access will properly dispose of them with full respect and adherence to the protocol in relation to the photos and their owners (photos can be downloaded after the competition results are announced).

**Our judges:**

- Richard Payment (England) - writer, photographer and editor of Divine Cool Breeze magazine from 2001 to 2015, published 90 issues.
- Konstantin Sterkhov (Russia) is an artist, author and art teacher. Graduated from the renowned University of Arts in St. Petersburg, his work is exhibited at various exhibitions around the world.
- Emanuele "Ray Heart" Coniglio (Italy) - Emanuele is a talented Italian photographer from Great Britain. His works vary in style and cover different themes and life events.

**When and where are the results announced?** The results will be published on the Sahaj-Creations website and by mail to those registered in the competition.

**Winners:** Each category will have 3 winners and one additional prize for the most popular photo with the most likes. The winners will receive one of our prizes - one of several excellent books (in English). The prizes can be viewed on the website.

**Link:**

<https://www.sahaj-creations.com>

<https://sahaj-creations.wixsite.com/sahaj-creations>

**Contacts:**

- Whatsapp: +8615397504312
- Email: [sy\\_creations@outlook.com](mailto:sy_creations@outlook.com)

**Attention:** Everyone who provides, as well as the persons depicted in the photos must agree to use the provided photos for advertising and distribution of Sahaja Yoga.